



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Team Büchig

Total time: 3:13:37

Number: 473

Speed: 12.40 km/h

Running performance: 4:45 min/km

Course: 40.80 km

Staffel XTERRA Thüringen (0,8/30/10 km)

Rank in course: 10 (of 10)

Best time in course: 2:27:09

Category:

Rank in category: 10(of 10)

Staffel XTERRA

Best time in the category: 2:27:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen	0.80	20:49	26:01	7	9:25	7	9:25	0.80	20:49	26:01	11	4:23	11	4:23
Rad	30.00	1:55:24	3:50	9	32:02	9	32:02	30.80	2:16:13	4:25	11	26:26	11	26:26
Lauf	10.00	57:24	5:44	8	20:02	8	20:02	40.80	3:13:37	4:44	10	46:28	10	46:28