



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Rudel, Tillmann

Total time: 26:01

Club: Hemleben

Number: 36

Course: 5.10 km

Rank in course/Total: 24 (of 41)

Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Men: 17 (of 23)

Best time in course: 18:48

Category:

Rank in category: 9(of 10)

männliche Einsteiger AK 11-14

Best time in the category: 18:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.10	2:51	28:30	3	0:10	5	0:13	0.10	2:51	28:30	8	0:10	24	0:07
Rad	4.00	16:22	4:05	9	4:27	19	7:12	4.10	19:13	4:41	8	4:37	23	1:16
Lauf	1.00	6:48	6:47	9	2:36	19	2:36	5.10	26:01	5:06	9	7:13	17	7:13