



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Fabian, Alexander

Total time: 1:46:06

Club: Leipzig

Number: 209

Course: 29.40 km

Rank in course/Total: 68 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 62 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 17(of 29)

AK 20 männlich

Best time in the category: 1:27:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:20	20:49	12	2:24	41	2:24	0.40	8:20	20:49	30	0:01	147	0:33
Rad	23.00	1:04:51	2:49	17	12:09	69	12:09	23.40	1:13:11	3:07	28	11:10	144	8:03
Lauf	6.00	32:55	5:29	19	7:35	78	9:12	29.40	1:46:06	3:36	17	18:10	62	20:13