



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Umbreit, Kathrin

Total time: 1:59:14

Club: Emleben

Number: 172

Course: 29.40 km

Rank in course/Total: 127 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Women: 10 (of 26)

Best time in course: 1:33:44

Category:

Rank in category: 4(of 10)

AK 40 weiblich

Best time in the category: 1:42:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.40	9:51	24:37	6	2:05	15	4:25	0.40	9:51	24:37	11	1:22	27		
Rad	23.00	1:10:49	3:04	2	6:05	8	12:14	23.40	1:20:40	3:26	11	7:27	27		
Lauf	6.00	38:34	6:25	7	9:01	21	11:20	29.40	1:59:14	4:03	4	16:28	10	25:30	