



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Täschner, Karsten

Total time: 1:28:43

Club: TV Sangerhausen/SV Kyffhäuser
 Number: 270

Course: 29.40 km
 Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 5 (of 172)

Rank in course/Men: 5 (of 146)

Best time in course: 1:25:53

Category:
 AK 20 männlich

Rank in category: 3(of 29)

Best time in the category: 1:27:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:19	20:47	11	2:23	40	2:23	0.40	8:19	20:47	1	-	147	0:32
Rad	23.00	53:42	2:20	3	1:00	3	1:00	23.40	1:02:01	2:39	1	-	144	
Lauf	6.00	26:42	4:27	3	1:22	7	2:59	29.40	1:28:43	3:01	3	0:47	5	2:50