



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Röthig, Thomas

Total time: 2:13:25

Club: Hammersbach, Hessen

Number: 148

Course: 29.40 km

Rank in course/Total: 157 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 138 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 41(of 42)

AK 30 männlich

Best time in the category: 1:25:53

Intermediate times

Stage score

Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total<br>km | Total<br>Time | Total<br>min/km | Total ranking |                |            |               |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
|           |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men |             |               |                 | Pos<br>Cat.   | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen | 0.40        | 12:18         | 30:45           | 42          | 5:20           | 144         | 6:22          | 0.40        | 12:18         | 30:45           | 43            | 3:04           | 147        | 4:31          |
| Rad       | 23.00       | 1:21:54       | 3:33            | 41          | 27:53          | 141         | 29:12         | 23.40       | 1:34:12       | 4:01            | 42            | 17:34          | 144        | 29:04         |
| Lauf      | 6.00        | 39:13         | 6:32            | 40          | 15:30          | 134         | 15:30         | 29.40       | 2:13:25       | 4:32            | 41            | 47:32          | 138        | 47:32         |