



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Hezel, Wolfgang

Total time: 1:39:26

Club: LTV- Erfurt e.V.

Number: 249

Course: 29.40 km

Rank in course/Total: 32 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 30 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 6(of 45)

AK 40 männlich

Best time in the category: 1:32:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:54	22:15	19	2:19	61	2:58	0.40	8:54	22:15	46	0:09	147	1:07
Rad	23.00	1:01:50	2:41	11	4:22	39	9:08	23.40	1:10:44	3:01	46		144	5:36
Lauf	6.00	28:42	4:46	7	2:02	26	4:59	29.40	1:39:26	3:22	6	6:54	30	13:33