



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Urban, Charlotte

Total time: 25:17

Club: Partyservice Urban Gotha
Number: 7

Course: 5.10 km
Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Total: 15 (of 41)
Rank in course/Women: 3 (of 18)
Best time in course: 23:56

Category:
weibliche Einsteiger AK 11-14

Rank in category: 3(of 9)
Best time in the category: 23:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	12:38	126:19	9	9:42	18	9:42	0.10	12:38	126:19	1	-	19	8:03
Rad	4.00	6:35	1:38	1	-	1	-	4.10	19:13	4:41	1	-	19	
Lauf	1.00	6:04	6:03	3	0:31	7	0:44	5.10	25:17	4:57	3	1:21	3	1:21