



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Jungheinrich, Petra

Total time: 2:20:23

Club: Förderverein für Siebleben
 Number: 127

Course: 29.40 km
 Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 165 (of 172)
 Rank in course/Women: 24 (of 26)
 Best time in course: 1:33:44

Category:
 AK 40 weiblich

Rank in category: 9(of 10)
 Best time in the category: 1:42:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	11:20	28:19	8	3:34	22	5:54	0.40	11:20	28:19	11	2:51	27	
Rad	23.00	1:24:07	3:39	6	19:23	19	25:32	23.40	1:35:27	4:04	11	22:14	27	
Lauf	6.00	44:56	7:29	9	15:23	25	17:42	29.40	2:20:23	4:46	9	37:37	24	46:39