



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Wojczyk, Ludwig

Total time: 22:47

Club: Lauffreunde Gotha
Number: 19

Course: 5.10 km
Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Total: 7 (of 41)
Rank in course/Men: 7 (of 23)
Best time in course: 18:48

Category:
männliche Einsteiger AK 8-10

Rank in category: 2(of 10)
Best time in the category: 22:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.10	3:42	37:00	2	0:58	11	1:04	0.10	3:42	37:00	4		12	0:58
Rad	4.00	14:15	3:33	2	5:05	7	5:05	4.10	17:57	4:22	10		1	-
Lauf	1.00	4:50	4:49	1	-	5	0:38	5.10	22:47	4:28	2	0:05	7	3:59