



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Bischof, Lukas

Total time: 1:49:16

Club: Lauf Mit :-) Bleib Fit Ernstroda
Number: 231

Course: 29.40 km
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 88 (of 172)

Rank in course/Men: 82 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 19(of 29)

AK 20 männlich

Best time in the category: 1:27:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:59	24:57	21	4:03	97	4:03	0.40	9:59	24:57	30	1:40	147	2:12
Rad	23.00	1:07:10	2:55	19	14:28	86	14:28	23.40	1:17:09	3:17	28	15:08	144	12:01
Lauf	6.00	32:07	5:21	17	6:47	68	8:24	29.40	1:49:16	3:42	19	21:20	82	23:23