



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Dahm, Tobias

Total time: 1:50:51

Club: Wanzleben

Number: 227

Course: 29.40 km

Rank in course/Total: 99 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 92 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 29(of 42)

AK 30 männlich

Best time in the category: 1:25:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:54	22:15	19	1:56	61	2:58	0.40	8:54	22:15	43		147	1:07
Rad	23.00	1:11:09	3:05	35	17:08	114	18:27	23.40	1:20:03	3:25	42	3:25	144	14:55
Lauf	6.00	30:48	5:08	13	7:05	45	7:05	29.40	1:50:51	3:46	29	24:58	92	24:58