



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Richter, Janice

Total time: 25:26

Club: Georgenthal

Number: 15

Course: 5.10 km

Rank in course/Total: 19 (of 41)

Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Women: 4 (of 18)

Best time in course: 23:56

Category:

Rank in category: 4(of 9)

weibliche Einsteiger AK 11-14

Best time in the category: 23:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	4:04	40:39	7	1:08	13	1:08	0.10	4:04	40:39	2			19
Rad	4.00	15:29	3:52	3	8:54	3	8:54	4.10	19:33	4:46	2	0:20		19
Lauf	1.00	5:53	5:53	2	0:20	4	0:33	5.10	25:26	4:59	4	1:30	4	1:30