



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Werthan, Beate

Total time: 2:07:48

Club: RAD-ART Gotha
Number: 199

Course: 29.40 km
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 151 (of 172)
Rank in course/Women: 15 (of 26)
Best time in course: 1:33:44

Category:
AK 50 weiblich

Rank in category: 1(of 4)
Best time in the category: 2:07:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	10:16	25:40	2	0:36	17	4:50	0.40	10:16	25:40	5	-	15	27
Rad	23.00	1:19:28	3:27	2	3:24	15	20:53	23.40	1:29:44	3:50	5	1:12	15	27
Lauf	6.00	38:04	6:20	2	3:34	19	10:50	29.40	2:07:48	4:20	1	-	15	34:04