



10. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Köhler, Thomas

Total time: 2:04:04

Club: Magdala

Number: 196

Course: 29.40 km

Rank in course/Total: 141 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 129 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 39(of 45)

AK 40 männlich

Best time in the category: 1:32:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:13	25:32	32	3:38	106	4:17	0.40	10:13	25:32	46	1:28	147	2:26
Rad	23.00	1:17:59	3:23	42	20:31	136	25:17	23.40	1:28:12	3:46	46	14:35	28	23:04
Lauf	6.00	35:52	5:58	35	9:12	115	12:09	29.40	2:04:04	4:13	39	31:32	129	38:11