



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Strobach, Mieke

Total time: 23:56

Club: TV Oyten

Number: 13

Course: 5.10 km

Rank in course/Total: 8 (of 41)

Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Women: 1 (of 18)

Best time in course: 23:56

Category:

Rank in category: 1(of 9)

weibliche Einsteiger AK 11-14

Best time in the category: 23:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	2:56	29:19	1	-	1	-	0.10	2:56	29:19	10	-	1	-
Rad	4.00	14:33	3:38	2	7:58	2	7:58	4.10	17:29	4:15	10	-	1	-
Lauf	1.00	6:27	6:27	6	0:54	13	1:07	5.10	23:56	4:41	1	-	1	-