



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Hentschel, Katja

Total time: 1:40:12

Club: Best Bike Parts/Progress
 Number: 283

Course: 29.40 km
 Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 38 (of 172)
 Rank in course/Women: 3 (of 26)
 Best time in course: 1:33:44

Category:
 AK 20 weiblich

Rank in category: 3(of 6)
 Best time in the category: 1:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	8:42	21:44	4	3:16	8	3:16	0.40	8:42	21:44	7	3:16	27	
Rad	23.00	59:53	2:36	1	-	2	1:18	23.40	1:08:35	2:55	7	2:14	27	
Lauf	6.00	31:37	5:16	4	4:23	5	4:23	29.40	1:40:12	3:24	3	6:28	3	6:28