



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Fleck, Andreas

Total time: 2:06:09

Club: Langenhain  
Number: 212

Course: 29.40 km  
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 146 (of 172)  
Rank in course/Men: 133 (of 146)  
Best time in course: 1:25:53

Category:  
AK 20 männlich

Rank in category: 27(of 29)  
Best time in the category: 1:27:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	11:33	28:52	27	5:37	136	5:37	0.40	11:33	28:52	30	3:14	147	3:46
Rad	23.00	1:17:25	3:21	27	24:43	135	24:43	23.40	1:28:58	3:48	28	26:57	144	23:50
Lauf	6.00	37:11	6:11	24	11:51	120	13:28	29.40	2:06:09	4:17	27	38:13	133	40:16