



10. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Bauer, Sven

Total time: 1:39:26

Club: Zirndorf, Bayern  
 Number: 292

Course: 29.40 km  
 Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 33 (of 172)  
 Rank in course/Men: 30 (of 146)  
 Best time in course: 1:25:53

Category:  
 AK 30 männlich

Rank in category: 7(of 42)  
 Best time in the category: 1:25:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	7:19	18:17	4	0:21	12	1:23	0.40	7:19	18:17	43		147	
Rad	23.00	1:02:50	2:43	14	8:49	49	10:08	23.40	1:10:09	2:59	42		144	5:01
Lauf	6.00	29:17	4:52	7	5:34	31	5:34	29.40	1:39:26	3:22	7	13:33	30	13:33