



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Hermann, Anne

Total time: 2:08:25

Club: Team Physiotherapie Ingrid Kriebel
 Number: 213

Course: 29.40 km
 Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 153 (of 172)
 Rank in course/Women: 17 (of 26)
 Best time in course: 1:33:44

Category:
 AK 20 weiblich

Rank in category: 6(of 6)
 Best time in the category: 1:33:44

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	13:30	33:45	6	8:04	25	8:04	0.40	13:30	33:45	7	8:04	1	-
Rad	23.00	1:22:32	3:35	6	22:39	17	23:57	23.40	1:36:02	4:06	7	29:41	1	-
Lauf	6.00	32:23	5:23	5	5:09	7	5:09	29.40	2:08:25	4:22	6	34:41	17	34:41