



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Hähnlein, Sebastian

Total time: 1:50:46

Club: Georgenthal

Number: 268

Course: 29.40 km

Rank in course/Total: 97 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 90 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 20(of 29)

AK 20 männlich

Best time in the category: 1:27:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	8:39	21:37	15	2:43	48	2:43	0.40	8:39	21:37	30	0:20	147	0:52
Rad	23.00	1:07:04	2:54	18	14:22	84	14:22	23.40	1:15:43	3:14	28	13:42	144	10:35
Lauf	6.00	35:03	5:50	23	9:43	101	11:20	29.40	1:50:46	3:46	20	22:50	90	24:53