



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Sourell, Ann-Kathrin

Total time: 1:45:11

Club: SV Nordhausen

Number: 284

Course: 29.40 km

Rank in course/Total: 64 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Women: 6 (of 26)

Best time in course: 1:33:44

Category:

Rank in category: 4(of 6)

AK 20 weiblich

Best time in the category: 1:33:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.40	8:40	21:39	3	3:14	7	3:14	0.40	8:40	21:39	7	3:14	27		
Rad	23.00	1:05:33	2:51	4	5:40	6	6:58	23.40	1:14:13	3:10	7	7:52	27		
Lauf	6.00	30:58	5:09	3	3:44	4	3:44	29.40	1:45:11	3:34	4	11:27	6	11:27	