



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Sourell, Ann-Kathrin

Total time: 1:45:11

Club: SV Nordhausen

Number: 284

Course: 29.40 km

Rank in course/Total: 64 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Women: 6 (of 26)

Best time in course: 1:33:44

Category:

Rank in category: 4(of 6)

AK 20 weiblich

Best time in the category: 1:33:44

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Schwimmen | 0.40 | 8:40 | 21:39 | 3 | 3:14 | 7 | 3:14 | 0.40 | 8:40 | 21:39 | 7 | 3:14 | 27 | | |
| Rad | 23.00 | 1:05:33 | 2:51 | 4 | 5:40 | 6 | 6:58 | 23.40 | 1:14:13 | 3:10 | 7 | 7:52 | 27 | | |
| Lauf | 6.00 | 30:58 | 5:09 | 3 | 3:44 | 4 | 3:44 | 29.40 | 1:45:11 | 3:34 | 4 | 11:27 | 6 | 11:27 | |