



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Rauch, Emma

Total time: 26:39

Club: Putzkau

Number: 114

Course: 5.10 km

Rank in course/Total: 29 (of 41)

Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Women: 10 (of 18)

Best time in course: 23:56

Category:

Rank in category: 5(of 9)

weibliche Einsteiger AK 11-14

Best time in the category: 23:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	4:26	44:20	8	1:30	14	1:30	0.10	4:26	44:20	4			19
Rad	4.00	15:47	3:56	5	9:12	5	9:12	4.10	20:13	4:55	4	1:00		19
Lauf	1.00	6:26	6:26	5	0:53	12	1:06	5.10	26:39	5:13	5	2:43	10	2:43