



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Jauckus, Jens

Total time: 1:48:52

Club: fit & run Weimar
Number: 275

Course: 29.40 km
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 84 (of 172)
Rank in course/Men: 78 (of 146)
Best time in course: 1:25:53

Category:
AK 40 männlich

Rank in category: 24(of 45)
Best time in the category: 1:32:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:22	25:55	33	3:47	110	4:26	0.40	10:22	25:55	46	1:37	147	2:35
Rad	23.00	1:09:14	3:00	30	11:46	104	16:32	23.40	1:19:36	3:24	46	5:59	144	14:28
Lauf	6.00	29:16	4:52	9	2:36	30	5:33	29.40	1:48:52	3:42	24	16:20	78	22:59