



10. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Winter, Detlef

Total time: 2:05:11

Club: Triathlon Gera  
 Number: 228

Course: 29.40 km  
 Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 142 (of 172)  
 Rank in course/Men: 130 (of 146)  
 Best time in course: 1:25:53

Category:  
 AK 40 männlich

Rank in category: 40(of 45)  
 Best time in the category: 1:32:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	11:43	29:17	42	5:08	138	5:47	0.40	11:43	29:17	46	2:58	147	3:56
Rad	23.00	1:14:37	3:14	38	17:09	126	21:55	23.40	1:26:20	3:41	46	12:43	144	21:12
Lauf	6.00	38:51	6:28	41	12:11	131	15:08	29.40	2:05:11	4:15	40	32:39	130	39:18