



10. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Kleinke, Nadine

Total time: 2:00:13

Club: Fitnesssoase-Ohrdruff

Number: 252

Course: 29.40 km

Rank in course/Total: 132 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Women: 11 (of 26)

Best time in course: 1:33:44

Category:

Rank in category: 3(of 5)

AK 30 weiblich

Best time in the category: 1:43:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	9:39	24:07	2	1:42	13	4:13	0.40	9:39	24:07	6			27
Rad	23.00	1:15:15	3:16	3	16:40	11	16:40	23.40	1:24:54	3:37	6	15:31		27
Lauf	6.00	35:19	5:53	3	2:35	13	8:05	29.40	2:00:13	4:05	3	16:29	11	26:29