



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Dellit, Danny

Total time: 1:44:11

Club: Floh-Seligenthal

Number: 99

Course: 29.40 km

Rank in course/Total: 61 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 56 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 17(of 42)

AK 30 männlich

Best time in the category: 1:25:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:15	25:37	35	3:17	107	4:19	0.40	10:15	25:37	43	1:01	147	2:28
Rad	23.00	1:03:55	2:46	22	9:54	63	11:13	23.40	1:14:10	3:10	42		144	9:02
Lauf	6.00	30:01	5:00	11	6:18	40	6:18	29.40	1:44:11	3:32	17	18:18	56	18:18