



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Schirrmeister, Jörn

Total time: 2:22:47

Club: Bufleben

Number: 198

Course: 29.40 km

Rank in course/Total: 166 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 142 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 45(of 45)

AK 40 männlich

Best time in the category: 1:32:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	12:18	30:45	45	5:43	144	6:22	0.40	12:18	30:45	46	3:33	147	4:31
Rad	23.00	1:21:39	3:33	44	24:11	140	28:57	23.40	1:33:57	4:00	46	20:20	144	28:49
Lauf	6.00	48:50	8:08	45	22:10	143	25:07	29.40	2:22:47	4:51	45	50:15	142	56:54