



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Burghardt, Heiko

Total time: 2:05:17

Club: Sindbad`s Attacke
Number: 251

Course: 29.40 km
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 144 (of 172)
Rank in course/Men: 131 (of 146)
Best time in course: 1:25:53

Category:
AK 40 männlich

Rank in category: 41(of 45)
Best time in the category: 1:32:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:51	27:07	38	4:16	124	4:55	0.40	10:51	27:07	46	2:06	147	3:04
Rad	23.00	1:15:46	3:17	40	18:18	130	23:04	23.40	1:26:37	3:42	21	13:00	144	21:29
Lauf	6.00	38:40	6:26	40	12:00	130	14:57	29.40	2:05:17	4:15	41	32:45	131	39:24