



# 10. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 17.07.2011

## Detailed evaluation

**Pfauch, Paul**

**Total time: 25:14**

Club: Finsterbergen

Number: 28

Course: 5.10 km

Rank in course/Total: 14 (of 41)

Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Men: 12 (of 23)

Best time in course: 18:48

Category:

Rank in category: 4(of 10)

männliche Einsteiger AK 8-10

Best time in the category: 22:42

### Intermediate times

### Stage score

### Total ranking

| Control   | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total | Total  | Pos  | Behind | Pos | Behind |
|-----------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
|           | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time  | min/km | Cat. | Cat.   | Men | Men    |
| Schwimmen | 0.10  | 3:43  | 37:09  | 3    | 0:59   | 12  | 1:05   | 0.10  | 3:43  | 37:09  | 6    |        | 9   | 0:59   |
| Rad       | 4.00  | 15:48 | 3:57   | 7    | 6:38   | 15  | 6:38   | 4.10  | 19:31 | 4:45   | 10   |        | 9   | 1:34   |
| Lauf      | 1.00  | 5:43  | 5:43   | 6    | 0:53   | 13  | 1:31   | 5.10  | 25:14 | 4:56   | 4    | 2:32   | 12  | 6:26   |