



10. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Malsch, Angela

Total time: 2:11:38

Club: SPORTident Team

Number: 271

Course: 29.40 km

Rank in course/Total: 155 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Women: 19 (of 26)

Best time in course: 1:33:44

Category:

Rank in category: 6(of 10)

AK 40 weiblich

Best time in the category: 1:42:46

Intermediate times

Stage score

Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|           |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Schwimmen | 0.40        | 10:06         | 25:14           | 7           | 2:20           | 16           | 4:40            | 0.40          | 10:06         | 25:14           | 11          | 1:37           | 27           |                 |
| Rad       | 23.00       | 1:24:14       | 3:39            | 7           | 19:30          | 20           | 25:39           | 23.40         | 1:34:20       | 4:01            | 11          | 21:07          | 27           |                 |
| Lauf      | 6.00        | 37:18         | 6:12            | 6           | 7:45           | 16           | 10:04           | 29.40         | 2:11:38       | 4:28            | 6           | 28:52          | 19           | 37:54           |