



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Bähring, Stefan

Total time: 2:07:30

Club: <http://www.bikebrother.de>

Number: 287

Course: 29.40 km

Rank in course/Total: 150 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Men: 136 (of 146)

Best time in course: 1:25:53

Category:

Rank in category: 40(of 42)

AK 30 männlich

Best time in the category: 1:25:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:30	26:15	37	3:32	115	4:34	0.40	10:30	26:15	43	1:16	147	2:43
Rad	23.00	1:15:08	3:16	39	21:07	128	22:26	23.40	1:25:38	3:39	42	9:00	144	20:30
Lauf	6.00	41:52	6:58	41	18:09	137	18:09	29.40	2:07:30	4:20	40	41:37	136	41:37