



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Blümel, Susan

Total time: 2:26:49

Club: AC Apolda

Number: 236

Course: 29.40 km

Rank in course/Total: 168 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Women: 25 (of 26)

Best time in course: 1:33:44

Category:

Rank in category: 10(of 10)

AK 40 weiblich

Best time in the category: 1:42:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	14:39	36:37	10	6:53	26	9:13	0.40	14:39	36:37	11	6:10	27	1:09
Rad	23.00	1:27:10	3:47	8	22:26	23	28:35	23.40	1:41:49	4:21	11	28:36	27	5:47
Lauf	6.00	45:00	7:30	10	15:27	26	17:46	29.40	2:26:49	4:59	10	44:03	25	53:05