



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Czerny, Holger

Total time: 2:18:19

Club: Gotha  
Number: 265

Course: 29.40 km  
Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Total: 162 (of 172)  
Rank in course/Men: 141 (of 146)  
Best time in course: 1:25:53

Category:  
AK 50 männlich

Rank in category: 19(of 20)  
Best time in the category: 1:26:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:33	26:22	13	4:23	116	4:37	0.40	10:33	26:22	21		147	2:46
Rad	23.00	1:19:07	3:26	19	24:45	137	26:25	23.40	1:29:40	3:49	21	1:17	144	24:32
Lauf	6.00	48:39	8:06	20	23:30	142	24:56	29.40	2:18:19	4:42	19	52:00	141	52:26