



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Müller, Kerstin

Total time: 2:19:50

Club: Gelmeroda

Number: 277

Course: 29.40 km

Rank in course/Total: 164 (of 172)

Einzel Cross Triathlon (0.4/23/6 km)

Rank in course/Women: 22 (of 26)

Best time in course: 1:33:44

Category:

Rank in category: 7(of 10)

AK 40 weiblich

Best time in the category: 1:42:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.40	12:10	30:24	9	4:24	23	6:44	0.40	12:10	30:24	11	3:41	27		
Rad	23.00	1:30:47	3:56	9	26:03	24	32:12	23.40	1:42:57	4:23	11	29:44	27	6:55	
Lauf	6.00	36:53	6:08	5	7:20	15	9:39	29.40	2:19:50	4:45	7	37:04	22	46:06	