



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Mäder, Andre´

Total time: 21:44

Club: Fortuna Rettungsdienst
 Number: 3

Course: 5.10 km
 Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Total: 5 (of 41)
 Rank in course/Men: 5 (of 23)
 Best time in course: 18:48

Category:
 männliche Einsteiger ab AK 20

Rank in category: 1(of 3)
 Best time in the category: 21:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.10	2:38	26:19	1	-	1	-	0.10	2:38	26:19	4	-	4	24
Rad	4.00	13:42	3:25	1	-	5	4:32	4.10	16:20	3:59	4	-	5	23
Lauf	1.00	5:24	5:24	1	-	8	1:12	5.10	21:44	4:15	1	-	5	2:56