



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Scholze, Alexander

Total time: 2:22:36

Club: Triathlon Jena e.V,
 Number: 326

Course: 40.80 km
 XTERRA Thüringen (0,8/30/10 km)

Rank in course/Total: 3 (of 50)
 Rank in course/Men: 3 (of 43)
 Best time in course: 2:12:39

Category:
 AK 3, TM 30

Rank in category: 1(of 6)
 Best time in the category: 2:22:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	13:02	16:17	2	1:10	8	2:33	0.80	13:02	16:17	1	-	44	
Rad	30.00	1:26:20	2:52	1	-	5	14:24	30.80	1:39:22	3:13	1	-	42	
Lauf	10.00	43:14	4:19	3	3:12	5	3:12	40.80	2:22:36	3:29	1	-	4	10:55