



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Wojczyk, Dirk

Total time: 2:30:18

Club: RAD ART RACING TEAM

Number: 319

Course: 40.80 km

Rank in course/Total: 8 (of 50)

XTERRA Thüringen (0,8/30/10 km)

Rank in course/Men: 8 (of 43)

Best time in course: 2:12:39

Category:

Rank in category: 4(of 11)

AK 4, TM 35

Best time in the category: 2:21:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.80	16:11	20:13	7	4:43	29	5:42	0.80	16:11	20:13	1	-	44		
Rad	30.00	1:25:02	2:50	1	-	4	13:06	30.80	1:41:13	3:17	1	-	42		
Lauf	10.00	49:05	4:54	7	6:34	16	9:03	40.80	2:30:18	3:41	4	8:55	9	18:37	