



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Wagenführ, Pascal

Total time: 2:41:49

Club: SG 1877 Frankfurt-Nied e.V.
 Number: 317

Course: 40.80 km
 XTERRA Thüringen (0,8/30/10 km)

Rank in course/Total: 15 (of 50)
 Rank in course/Men: 15 (of 43)
 Best time in course: 2:12:39

Category:
 AK 1, TM 20

Rank in category: 1(of 2)
 Best time in the category: 2:41:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	12:15	15:18	1	-	7	1:46	0.80	12:15	15:18	1	-	44	
Rad	30.00	1:35:25	3:10	1	-	18	23:29	30.80	1:47:40	3:29	1	-	42	
Lauf	10.00	54:09	5:24	1	-	30	14:07	40.80	2:41:49	3:57	1	-	16	30:08