



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Buchholz, Gert

Total time: 2:45:19

Club: Weinstadt, Baden-Württemberg
Number: 303

Course: 40.80 km
XTERRA Thüringen (0,8/30/10 km)

Rank in course/Total: 23 (of 50)

Rank in course/Men: 23 (of 43)

Best time in course: 2:12:39

Category:

Rank in category: 2(of 9)

Senioren 2, TM 45

Best time in the category: 2:43:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	13:30	16:52	1	-	11	3:01	0.80	13:30	16:52	1	-	44	
Rad	30.00	1:40:31	3:21	3	2:43	26	28:35	30.80	1:54:01	3:42	1	-	42	
Lauf	10.00	51:18	5:07	3	2:53	22	11:16	40.80	2:45:19	4:03	2	1:34	24	33:38