



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Rauch, Enrico

Total time: 2:47:25

Club: TV Valtenberg e.V.
 Number: 306

Course: 40.80 km
 XTERRA Thüringen (0,8/30/10 km)

Rank in course/Total: 25 (of 50)
 Rank in course/Men: 25 (of 43)
 Best time in course: 2:12:39

Category:
 Senioren 1, TM 40

Rank in category: 4(of 6)
 Best time in the category: 2:38:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	13:47	17:13	2	0:23	13	3:18	0.80	13:47	17:13	1	-	44	
Rad	30.00	1:39:07	3:18	4	6:13	22	27:11	30.80	1:52:54	3:39	1	-	42	
Lauf	10.00	54:31	5:27	6	3:53	31	14:29	40.80	2:47:25	4:06	4	9:00	26	35:44