



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Eggeling, Carsten

Total time: 2:38:25

Club: TEAM CHOOZA/VFL WOLFSBURG
 Number: 344

Course: 40.80 km
 XTERRA Thüringen (0,8/30/10 km)

Rank in course/Total: 14 (of 50)
 Rank in course/Men: 14 (of 43)
 Best time in course: 2:12:39

Category:
 Senioren 1, TM 40

Rank in category: 1(of 6)
 Best time in the category: 2:38:25

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.80 | 13:24 | 16:45 | 1 | - | 9 | 2:55 | 0.80 | 13:24 | 16:45 | 7 | - | 44 | - |
| Rad | 30.00 | 1:34:23 | 3:08 | 3 | 1:29 | 17 | 22:27 | 30.80 | 1:47:47 | 3:29 | 7 | - | 42 | - |
| Lauf | 10.00 | 50:38 | 5:03 | 1 | - | 21 | 10:36 | 40.80 | 2:38:25 | 3:52 | 1 | - | 15 | 26:44 |