



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Eggeling, Carsten

Total time: 2:38:25

Club: TEAM CHOOZA/VFL WOLFSBURG

Number: 344

Course: 40.80 km

Rank in course/Total: 14 (of 50)

XTERRA Thüringen (0,8/30/10 km)

Rank in course/Men: 14 (of 43)

Best time in course: 2:12:39

Category:

Rank in category: 1(of 6)

Senioren 1, TM 40

Best time in the category: 2:38:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	13:24	16:45	1	-	9	2:55	0.80	13:24	16:45	7	-	44	
Rad	30.00	1:34:23	3:08	3	1:29	17	22:27	30.80	1:47:47	3:29	7	-	42	
Lauf	10.00	50:38	5:03	1	-	21	10:36	40.80	2:38:25	3:52	1	-	15	26:44