



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Gothe, Stefan

Total time: 2:49:12

Club: Triathlon Friedrichroda

Number: 313

Course: 40.80 km

Rank in course/Total: 26 (of 50)

XTERRA Thüringen (0,8/30/10 km)

Rank in course/Men: 26 (of 43)

Best time in course: 2:12:39

Category:

Rank in category: 9(of 11)

AK 4, TM 35

Best time in the category: 2:21:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	16:39	20:48	9	5:11	31	6:10	0.80	16:39	20:48	12	0:28	44	0:20
Rad	30.00	1:37:23	3:14	7	12:21	19	25:27	30.80	1:54:02	3:42	12	12:49	42	
Lauf	10.00	55:10	5:30	9	12:39	33	15:08	40.80	2:49:12	4:08	9	27:49	27	37:31