



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Pöttsch, Christian

Total time: 2:51:41

Club: RSV Adler Arnstadt / Ghost Racing Team
 Number: 333

Course: 40.80 km
 XTERRA Thüringen (0,8/30/10 km)

Rank in course/Total: 29 (of 50)

Rank in course/Men: 27 (of 43)

Best time in course: 2:12:39

Category:
 AK 2, TM 25

Rank in category: 6(of 8)

Best time in the category: 2:12:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	15:22	19:12	7	4:53	26	4:53	0.80	15:22	19:12	9	1:56	44	
Rad	30.00	1:34:16	3:08	6	22:20	16	22:20	30.80	1:49:38	3:33	8	24:16	42	
Lauf	10.00	1:02:03	6:12	7	20:10	38	22:01	40.80	2:51:41	4:12	7	40:00	28	40:00