



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Franke, Lutz

Total time: 2:53:51

Club: München

Number: 358

Course: 40.80 km

Rank in course/Total: 31 (of 50)

XTERRA Thüringen (0,8/30/10 km)

Rank in course/Men: 29 (of 43)

Best time in course: 2:12:39

Category:

Rank in category: 4(of 9)

Senioren 2, TM 45

Best time in the category: 2:43:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.80	14:01	17:31	2	0:31	14	3:32	0.80	14:01	17:31	10	0:31	44	
Rad	30.00	1:46:55	3:33	5	9:07	32	34:59	30.80	2:00:56	3:55	9	6:55	42	3:00
Lauf	10.00	52:55	5:17	4	4:30	25	12:53	40.80	2:53:51	4:15	4	10:06	30	42:10