



10. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Höhler, Jasmin

Total time: 26:34

Club: Friedrichroda
 Number: 34

Course: 5.10 km
 Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Total: 28 (of 41)
 Rank in course/Women: 9 (of 18)
 Best time in course: 23:56

Category:
 weibliche Einsteiger AK 8-10

Rank in category: 3(of 6)
 Best time in the category: 25:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	4:35	45:49	5	1:17	15	1:39	0.10	4:35	45:49	7	1:16	1	-
Rad	4.00	16:39	4:09	2	0:08	9	10:04	4.10	21:14	5:10	7	1:02	1	-
Lauf	1.00	5:20	5:19	1	-	1	-	5.10	26:34	5:12	3	0:36	9	2:38