



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Bergh, Hana

Total time: 3:00:46

Club: CICLOPIA

Number: 349

Course: 40.80 km

Rank in course/Total: 34 (of 50)

XTERRA Thüringen (0,8/30/10 km)

Rank in course/Women: 3 (of 7)

Best time in course: 2:49:46

Category:

Rank in category: 1(of 3)

AK 4, TW 35

Best time in the category: 3:00:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.80	17:30	21:52	3	0:54	5	5:08	0.80	17:30	21:52	1	-	8	5:08
Rad	30.00	1:49:42	3:39	1	-	3	4:32	30.80	2:07:12	4:07	1	-	8	9:00
Lauf	10.00	53:34	5:21	2	24:56	4	24:56	40.80	3:00:46	4:25	1	-	3	11:00