



10. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Steininger, Marcel

Total time: 3:15:43

Club: TG Bad Waldsee  
Number: 330

Course: 40.80 km  
XTERRA Thüringen (0,8/30/10 km)

Rank in course/Total: 43 (of 50)  
Rank in course/Men: 39 (of 43)  
Best time in course: 2:12:39

Category:  
Junioren

Rank in category: 1(of 1)  
Best time in the category: 3:15:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.80	15:22	19:12	1	-	26	4:53	0.80	15:22	19:12	1	-	44	
Rad	30.00	1:53:02	3:46	1	-	36	41:06	30.80	2:08:24	4:10	1	-	42	10:28
Lauf	10.00	1:07:19	6:43	1	-	40	27:17	40.80	3:15:43	4:47	1	-	40	1:04:02