



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Hollander, Leonie

Total time: 27:21

Club: Ernstroda

Number: 113

Course: 5.10 km

Rank in course/Total: 31 (of 41)

Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Women: 12 (of 18)

Best time in course: 23:56

Category:

Rank in category: 4(of 6)

weibliche Einsteiger AK 8-10

Best time in the category: 25:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.10	3:56	39:19	4	0:38	12	1:00	0.10	3:56	39:19	7	0:37	9		
Rad	4.00	17:03	4:15	4	0:32	11	10:28	4.10	20:59	5:07	7	0:47	4		
Lauf	1.00	6:22	6:21	5	1:02	11	1:02	5.10	27:21	5:21	4	1:23	12	3:25	