



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Hollander, Leonie

Total time: 27:21

Club: Ernstroda

Number: 113

Course: 5.10 km

Rank in course/Total: 31 (of 41)

Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Women: 12 (of 18)

Best time in course: 23:56

Category:

Rank in category: 4(of 6)

weibliche Einsteiger AK 8-10

Best time in the category: 25:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Schwimmen | 0.10 | 3:56 | 39:19 | 4 | 0:38 | 12 | 1:00 | 0.10 | 3:56 | 39:19 | 7 | 0:37 | 9 | | |
| Rad | 4.00 | 17:03 | 4:15 | 4 | 0:32 | 11 | 10:28 | 4.10 | 20:59 | 5:07 | 7 | 0:47 | 4 | | |
| Lauf | 1.00 | 6:22 | 6:21 | 5 | 1:02 | 11 | 1:02 | 5.10 | 27:21 | 5:21 | 4 | 1:23 | 12 | 3:25 | |