



10. Cross Triathlon Friedrichroda
Friedrichroda / Thüringen / 17.07.2011

Detailed evaluation

Kühmel, Aileen

Total time: 28:32

Club: Triathlon Friedrichroda
Number: 23

Course: 5.10 km
Einsteiger Triathlon (0.1/4/1 km)

Rank in course/Total: 35 (of 41)
Rank in course/Women: 14 (of 18)
Best time in course: 23:56

Category:
weibliche Einsteiger AK 11-14

Rank in category: 7(of 9)
Best time in the category: 23:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.10	3:39	36:30	6	0:43	10	0:43	0.10	3:39	36:30	10			4
Rad	4.00	17:20	4:19	7	10:45	13	10:45	4.10	20:59	5:07	10	1:46		4
Lauf	1.00	7:33	7:32	9	2:00	17	2:13	5.10	28:32	5:35	7	4:36		14